

Last Update: 21-Oct-24	Girls 9 years	Girls 10 years	Girls 11 years	Girls 12 years	Girls 13 years	Girls 14 years	Girls 15 years	Girls 16 years	Girls 17 years	Girls 18 years
<b>50 m freestyle</b>	n/a	n/a	n/a	n/a	MEYNEN Julie 26.68 04-Dec-10	MEYNEN Julie 26.58 09-Apr-11	MEYNEN Julie 25.66 25-Nov-12	MEYNEN Julie 24.89 15-Dec-13	MEYNEN Julie 25.37 06-Dec-14	MEYNEN Julie 24.86 12-Dec-15
<b>100 m freestyle</b>	HRIC Nina 1:16.38 03-Dec-17	NICKELS Kim 1:09.66 23-Dec-01	NICKELS Kim 1:04.78 08-Dec-02	HEINZ Lara 1:01.83 19-Dec-93	MEYNEN Julie 58.53 05-Dec-10	MEYNEN Julie 56.92 27-Nov-11	MEYNEN Julie 55.60 13-Dec-12	MEYNEN Monique 55.25 12-Dec-13	MEYNEN Monique 54.35 04-Dec-14	MEYNEN Julie 53.45 03-Dec-15
<b>200 m freestyle</b>	REINESCH Leeloo 2:49.97 17-Dec-16	NICKELS Kim 2:33.49 22-Dec-01	NICKELS Kim 2:21.95 21-Dec-02	HEINZ Lara 2:14.77 19-Dec-93	MEYNEN Julie 2:07.26 04-Dec-10	JOMINET Lou 2:05.65 16-Nov-19	MEYNEN Julie 2:02.44 16-Dec-12	OLIVIER Monique 2:00.75 08-Nov-14	OLIVIER Monique 2:00.45 22-Nov-15	MEYNEN Julie 1:59.16 05-Dec-15
<b>400 m freestyle</b>	target time	target time	NICKELS Kim 4:59.99 16-Nov-02	BARTHEL Emma 4:43.13 17-Dec-22	JOMINET Lou 4:27.46 02-Dec-18	JOMINET Lou 4:21.70 10-Nov-19	OLIVIER Monique 4:15.69 17-Nov-13	OLIVIER Monique 4:11.96 05-Dec-14	OLIVIER Monique 4:12.90 21-Nov-15	OLIVIER Monique 4:15.28 09-Dec-16
<b>800 m freestyle</b>	target time	target time	target time	JOMINET Lou 9:35.90 03-Dec-17	JOMINET Lou 9:05.55 03-Dec-18	JOMINET Lou 8:56.55 09-Nov-19	OLIVIER Monique 8:51.19 01-Dec-13	OLIVIER Monique 8:35.09 04-Dec-14	OLIVIER Monique 8:37.15 20-Nov-15	OLIVIER Monique 8:45.47 07-Dec-16
<b>1500 m freestyle</b>	target time	target time	target time	target time	JOMINET Lou 17:56.47 07-Oct-18	JOMINET Lou 17:29.28 06-Oct-19	OLIVIER Monique 17:15.77 06-Oct-13	OLIVIER Monique 16:46.11 11-Jul-14	OLIVIER Monique 16:43.21 03-Aug-15	REULAND Myriam 19:14.30 23-Nov-94
<b>50 m breaststroke</b>	n/a	n/a	n/a	n/a	ALLAR Maud 34.75 05-Dec-21	ALLAR Maud 33.36 17-Dec-22	ALLAR Maud 32.61 25-Nov-23	WALTZING Aurélie 33.15 21-Nov-09	WALTZING Aurélie 33.08 26-Nov-10	MEYNEN Julie 31.95 12-Dec-15
<b>100 m breaststroke</b>	REUTER Christiane 1:34.8 08-Dec-85	REUTER Christiane 1:28.1 28-Dec-86	KOSALKA Caroline 1:21.28 21-Dec-03	MAILLIET Christine 1:17.72 13-Nov-99	VAN DEN BOSSCHE Manon 1:16.90 05-Dec-10	ALLAR Maud 1:14.54 18-Dec-22	ALLAR Maud 1:12.41 22-Oct-23	WALTZING Aurélie 1:11.63 22-Nov-09	WALTZING Aurélie 1:11.14 27-Nov-10	ARENDET Nancy 1:13.9 04-Apr-87
<b>200 m breaststroke</b>	DUSCHENE Christine 3:29.88 18-Dec-04	target time	KOSALKA Caroline 2:52.47 20-Dec-03	MAILLIET Christine 2:46.57 14-Nov-99	BARTHEL Emma 2:41.91 25-Nov-23	BARTHEL Emma 2:40.72 12-Oct-24	ALLAR Maud 2:37.03 25-Nov-23	WALTZING Aurélie 2:35.81 14-Nov-09	WALTZING Aurélie 2:31.49 28-Nov-10	WALTZING Aurélie 2:36.44 26-Nov-11
<b>50 m butterfly</b>	n/a	n/a	n/a	n/a	PETERS Lena 29.23 03-Dec-18	PETERS Lena 28.51 30-May-19	MEYNEN Julie 27.85 08-Jul-12	MEYNEN Julie 27.72 13-Dec-13	MEYNEN Julie 28.01 29-Mar-14	MEYNEN Julie 27.13 13-Dec-15
<b>100 m butterfly</b>	target time	target time	NICKELS Kim 1:12.61 22-Dec-02	BACKES Jasmine 1:06.06 19-Oct-24	PETERS Lena 1:04.32 02-Dec-18	PETERS Lena 1:02.02 24-Jul-19	MEYNEN Julie 1:03.15 24-Nov-12	MEYNEN Monique 1:00.90 08-Dec-13	MEYNEN Monique 1:02.56 24-Nov-14	MEYNEN Monique 1:01.89 12-Dec-15
<b>200 m butterfly</b>	target time	target time	target time	NICKELS Kim 2:33.37 20-Dec-03	NICKELS Kim 2:26.42 18-Dec-04	PETERS Lena 2:19.93 10-Nov-19	PETERS Lena 2:22.21 24-Oct-20	OLIVIER Monique 2:17.97 18-Oct-14	OLIVIER Monique 2:15.58 13-Dec-15	OLIVIER Monique 2:20.01 13-Apr-16
<b>50 m backstroke</b>	n/a	n/a	n/a	n/a	VAN DEN BOSSCHE Eline 30.67 06-May-12	VAN DEN BOSSCHE Eline 29.84 01-Dec-13	ROLKO Sarah 28.46 14-Nov-09	ROLKO Sarah 28.89 18-Dec-10	MEYNEN Julie 28.84 14-Dec-14	ROLKO Sarah 28.58 02-Dec-12
<b>100 m backstroke</b>	GALES Dana 1:26.82 17-Dec-00	GALES Dana 1:19.06 23-Dec-01	VAN DEN BOSSCHE Eline 1:12.02 04-Dec-10	VAN DEN BOSSCHE Eline 1:07.18 03-Dec-11	MEYNEN Julie 1:04.66 04-Dec-10	ROLKO Sarah 1:03.96 06-Dec-08	ROLKO Sarah 1:00.98 15-Nov-09	ROLKO Sarah 1:02.00 15-Dec-10	ROLKO Sarah 1:01.97 27-Nov-11	ROLKO Sarah 1:01.27 01-Dec-12
<b>200 m backstroke</b>	REINESCH Leeloo 3:05.03 27-Nov-16	GALES Dana 2:45.21 23-Dec-01	VAN DEN BOSSCHE Eline 2:36.46 05-Dec-10	VAN DEN BOSSCHE Eline 2:21.95 27-Nov-11	VAN DEN BOSSCHE Eline 2:20.27 10-Nov-12	VAN DEN BOSSCHE Eline 2:20.14 10-Nov-13	ROLKO Sarah 2:12.08 13-Dec-09	ROLKO Sarah 2:12.79 28-Nov-10	ROLKO Sarah 2:14.27 14-Dec-08	ROLKO Sarah 2:11.31 25-Nov-12
<b>100 m individual medley</b>	GRUIC MADTINE Teodora 1:26.54 02-Dec-18	MAILLIET Christine 1:21.09 09-Nov-97	NICKELS Kim 1:14.85 21-Dec-02	BACKES Jasmine 1:10.36 20-Oct-24	VAN DEN BOSSCHE Manon 1:07.52 04-Dec-10	VAN DEN BOSSCHE Manon 1:07.72 01-Apr-11	MEYNEN Julie 1:05.26 01-Dec-12	ROLKO Sarah 1:04.89 26-Nov-10	MEYNEN Julie 1:03.76 04-Dec-14	MEYNEN Julie 1:02.13 12-Dec-15
<b>200 m individual medley</b>	GRUIC MADTINE Teodora 3:05.86 02-Dec-18	REINESCH Leeloo 2:54.50 02-Dec-17	NICKELS Kim 2:39.82 20-Dec-02	SCHNEIDERS Catherine 2:29.80 15-Dec-00	BARTHEL Emma 2:23.89 25-Nov-23	PETERS Lena 2:24.27 16-Nov-19	ROLKO Sarah 2:20.62 21-Nov-09	OLIVIER Monique 2:21.46 19-Oct-14	OLIVIER Monique 2:16.63 19-Nov-15	OLIVIER Monique 2:19.60 04-Nov-16
<b>400 m individual medley</b>	target time	target time	VAN DEN BOSSCHE Eline 5:46.40 05-Dec-10	BARTHEL Emma 5:16.48 18-Dec-22	BARTHEL Emma 5:06.21 22-Oct-23	BARTHEL Emma 5:00.50 13-Oct-24	OLIVIER Monique 4:54.09 01-Dec-13	ROLKO Sarah 4:58.63 13-Mar-10	OLIVIER Monique 4:48.36 22-Nov-15	ROLKO Sarah 5:05.00 07-Oct-12