

« Journée de l'Amitié 2024 » - Rules

1. The Cercle Nautique de la Commune de Pétange will organise for the 40th time on January 14th 2024 its friendly and international meeting "Journée de l'Amitié". The swimming events will be organised in accordance with FLNS and world aquatics rules and will be open to all associations.
2. The competitions will take place in the swimming pool of the Centre Sportif "Bim Diederich", rue Pierre Hamer in Pétange, 25 m pool, 5 lanes, electronic timing. Wearing a swimming cap is compulsory.
3. The competitions are open to all swimmers who are licensed with their national federation. Swimmers will be classified according to categories:

Age categories valid from 01 January 2024

	women		men	
Open	2006+	18 years and older	2005 +	19 years and older
Juniors	2007 - 2008	16 - 17 years	2006 - 2007	17 - 18 years
Jeunesse	2009 - 2010	14 - 15 years	2008 - 2009	15 - 16 years
Pupilles	2011 - 2012	12 - 13 years	2010 - 2011	13 - 14 years
Poussins	2013-	11 years and younger	2012-	12 years and younger

4. The heats will be composed according to the best times, regardless of age category.
5. All management of the meeting will be done in the SPLASH system. Clubs are invited to use the "Lenex" files, available at www.cnp.lu.
6. The number of entries is limited to 800.
7. If the number of entries exceeds 800, the organizer reserves the right to cancel a selection of entries. In this case, or in the case of a change in the schedule, the clubs concerned will be notified as soon as possible.

8. Entries should be sent to the following address:

CERCLE NAUTIQUE PÉTANGE
7, rue St. Hubert
L-4582 Differdange
Tél.: (352) 621 50 61 77
E-mail: cnp.nc.boentges@gmail.com

9. The deadline for entries is Friday, 5 January 2024 at 20.00 hours. Any entries received after this date will not be considered.
All the management of the meeting will be done by computer.
10. The entry fees are fixed at 5 € per individual start and 8€ per relay. They are to be paid to following bank account: (BIC-Code: BCEELULL) IBAN: LU80 0019 6600 0793 6000 by January 10, 2024 at the latest, with the mention "40e Journée de l'Amitié".
- Non-resident clubs have the possibility to pay their entries on the day of the meeting at the central cash desk, before the start of the competition.
- Swimmers from clubs that have not paid their entry fees will not be allowed to start.
11. As no meeting can take place without a jury, we ask the clubs to encourage the jury members to participate. Each club must provide jury members. The jury will meet 45 minutes before the start of the session at the official office.
12. Medals will be awarded to the first three in each category and race.

Cups to clubs

Cups will be awarded to the first 3 clubs, according to the points received and the places achieved in the different age categories, according to the following scale

1. 12 points	4. 7 points	7. 4 points	10. 1 point
2. 10 points	5. 6 points	8. 3 points	
3. 8 points	6. 5 points	9. 2 points	

13. Any other points not covered by these rules, FINA or FLNS rules, shall be decided by the organizer.
14. A meal will be offered at the price of 15€. Reservations for the meals should be sent by email until 05 January 2024 at the latest to: cnp.nc.boentges@gmail.com
15. By registering, you agree that photos taken during the event may be published on our website and/or social media.
16. The rules and results can be found at www.cnp.lu

Programme

Part 1: Warm-up: 8.00 am / Start: 9.00 a.m.

Race 01: 200m medley women
Race 02: 200m medley men
Race 03: 100m breaststroke women
Race 04: 100m breaststroke men

Break 15 minutes + Medal ceremony

Race 05: 400m freestyle women (Open/Junior/Jeunesse/Pupilles)
Race 06: 400m freestyle men (Open/Junior/Jeunesse/Pupilles)
Race 07: 100m backstroke women
Race 08: 100m backstroke men

Medal ceremony

Part 2: Warm-up: 13.30 pm / Start time: 14.15 pm

Race 09: 50m freestyle women
Race 10: 50m freestyle men
Race 11: 200m breaststroke women
Race 12: 200m breaststroke men
Race 13: 100m medley women
Race 14: 100m medley men

Break 15 minutes + Medal ceremony

Race 15: 50m backstroke women
Race 16: 50m backstroke men
Race 17: 100m freestyle women
Race 18: 100m freestyle men
Race 19: 4*50m medley women (All categories)
Race 20: 4*50m medley men (All Categories)

Presentation of medals and cups