

# International Swimming Cup of Redange Rules

# **Organizer**

Swimming Club Redange Asbl, affiliated to the FLNS.

### **Date and location**

#### **Sunday 25.02.2024**

Atert Lycée Redange, 1 rue du Lycée, L-8508 Redange

Indoor pool 25m, 6 lanes

#### **Participants**

The competition is open to all swimmers who are licensed with their national swimming federation.

#### **Categories**

N°	BOYS (M)	GIRLS (W)
5	2005 and older	2006 and older
4	2006 and 2007	2007 and 2008
3	2008 and 2009	2009 and 2010
2	2010 and 2011	2011 and 2012
1	2012 and younger	2013 and younger

#### **Information**

Email: info@scredange.lu

# **Entries**

No later than Friday 16.02.2024 via email: info@scredange.lu

No entry received after this date will be taken into consideration.

Clubs must use the Lenex file sent by email together with the invitation.



# **Withdrawals**

No later than Friday 23.02.2024 by 20:00 via email: info@scredange.lu

#### **Start Fee**

5 EUR / individual start.

8 EUR / relay.

The entry fee must be paid by bank transfer by Wednesday 21.02.2024 at the latest, with the reference "ISCRedange – Name of the Club".

There is no refund for absent swimmers. No replacement or addition will be accepted after 16.02.2024.

Swimmers from clubs that have not paid their entry fees will not be allowed to start.

### **Bank Account**

Account name: Swimming Club Redange Asbl

IBAN: LU79 0090 0000 0133 9605 / BIC: CCRALULL

# Regulation

The competition will be conducted in accordance with the World Aquatics Rules, the Luxemburgish Swimming and Lifesaving Federation (FLNS) Rules and this document as updated at the discretion of the organizer.

#### **Timing**

SwissTiming Quantum Aquatics

#### Classification

For events N°1 to N°20 inclusive: Swimmers who place 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each Category will receive a medal.

For the relays (event N°21):

- Categories 1 and 2 will be combined
- Categories 3, 4 and 5 will be combined

with the first three teams of each combination to receive a medal.

The best swimmer of each category who accumulates the most FINA points will receive a special prize.



# **Competition schedule**

First session - Sunday 25 February 2024 (Morning)		
<u>Warm up</u> : 8h00 – 9h00 // <u>First start</u> : 9h15		
N°	Event	
1/2	100m Medley M/W	
3/4	200m Backstroke M/W	
5/6	50m Freestyle M/W	
15 min break		
7/8	200m Breaststroke M/W	
9/10	400m Freestyle M/W	
Second session - Sunday 25 February 2024 (afternoon)		
<u>Warm up</u> : 13h30 – 14h15 // <u>First start</u> : 14h30		
11/12	200m Medley	
13/14	200m Freestyle	
15 min break		
15/16	50m Butterfly	
17/18	100m Backstroke	
19/20	100m Breaststroke	
21	4x50m Medley mixed (1. Categories 1 and 2 combined	
	and then 2. Categories 3,4 and 5 combined)	

### **Officials**

Each club is kindly requested to arrange for at least 2 swimming judges. The officials must register via the online application https://app.flns.lu/

# <u>Meals</u>

Lunch will be available: Salads, Penne pasta with tomato sauce or Bolognese, and fruits (water included) at the price of 13 EUR per person but must be booked in advance. Reservations for lunch must be made by email at <a href="mailto:info@scredange.lu">info@scredange.lu</a> by Friday 16.02.2024 at the latest.

Kindly note that all reserved meals will have to be paid for. Lunches for FLNS officials registered for both sessions will be free of charge.

#### **Image rights**

By registering for this event, all participants agree that photos taken during the event may be published on our website and/or social media.