

# **Programme**

Saturday morning Warm up 08.00-08.50 First race 09.00

1	200m individual medley women	Heats				
2	200m individual medley men	Heats				
3	200m backstroke women	Heats				
4	200m backstroke men	Heats				
5	200m butterfly women	Heats				
6	200m butterfly men	Heats				
7	100m freestyle women	Heats				
8	100m freestyle men	Heats				
	BREAK 20 minutes					
9	50m backstroke women	Heats				
10	50m backstroke men	Heats				
11	50m butterfly women	Heats				
12	50m butterfly men	Heats				
13	100m breaststroke women	Heats				
14	100m breaststroke men	Heats				
15	400m Freestyle women	Slow heats				
16	400m Freestyle men	Slow heats				

Saturday afternoon Warm up 14.30-15.20 First race 15.30

15	15   400m Freestyle women   Fastest heat						
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16	400m Freestyle men	Fastest heat					
	Victory ceremonies even	ents 15&16					
9	50m backstroke women	C-, B- and A-Final					
10	50m backstroke men	C-, B- and A-Final					
11	50m butterfly women	C-, B- and A-Final					
12	50m butterfly men	C-, B- and A-Final					
	Victory ceremonies events 9, 10, 11 & 12						
13	100m breaststroke women	C-, B- and A-Final					
14	100m breaststroke men	C-, B- and A-Final					
7	100m freestyle women	C-, B- and A-Final					
8	100m freestyle men	C-, B- and A-Final					
	Victory ceremonies events	s 13, 14, 7 & 8					
1	200m individual medley women	B- and A-Final					
2	200m individual medley men	B- and A-Final					
3	200m backstroke women	B- and A-Final					
4	200m backstroke men	B- and A-Final					
5	200m butterfly women	B- and A-Final					
6	200m butterfly men	B- and A-Final					
	Victory ceremonies events 1, 2, 3, 4, 5, 6						

Sunday morning Warm up 08.00-08.50 First race 09.00

17	200m freestyle women	Heats		
18	200m freestyle men	Heats		
19	200m breaststroke women	Heats		
20	200m breaststroke men	Heats		
21	100m backstroke women	Heats		
22	100m backstroke men	Heats		
	BREAK 20 MINUTES			
23	50m freestyle women	Heats		
24	50m freestyle men	Heats		
25	50m breaststroke women	Heats		
26	50m breaststroke men	Heats		
27	100m butterfly women	Heats		
28	100m butterfly men	Heats		
29	400m individual medley women	Slow heats		
30	400m individual medley men	Slow heats		

Sunday afternoon Warm up 14.00-14.50 First race 15.00

29	400m individual medley women	Fastest heat					
30	400m individual medley men	Fastest heat					
	Victory ceremonies events 29&30						
23	50m freestyle women	C-, B- and A-Final					
24	50m freestyle men	C-, B- and A-Final					
25	50m breaststroke women	C-, B- and A-Final					
26	50m breaststroke men	C-, B- and A-Final					
	Victory ceremonies events 23, 24, 25, 26						
21	100m backstroke women	C-, B- and A-Final					
22	100m backstroke men	C-, B- and A-Final					
27	100m butterfly women	C-, B- and A-Final					
28	100m butterfly men	C-, B- and A-Final					
	Victory ceremonies events	21, 22, 27 & 28					
17	200m freestyle women	B- and A-Final					
18	200m freestyle men	B- and A-Final					
19	200m breaststroke women	B- and A-Final					
20	200m breaststroke men	B- and A-Final					
	Victory ceremonies events 17, 18, 19, 20						
31	31 4x50m freestyle mixed Team classification relay						
	Victory ceremony team classification						

# Time standard

# Women

	2008 and older		2009-2010		2011-2012		2013-2014	
	Α	С	Α	С	Α	С	Α	С
50m freestyle	31.00	34.00	34.00	36.50	36.50	39.00	39.00	44.00
100m freestyle	1.07.00	1.12.00	1.12.00	1.18.00	1.18.00	1.25.00	1.25.00	1.32.00
200m freestyle	2.30.00	2.40.00	2.40.00	2.51.00	2.51.50	3.02.00	3.02.00	3.15.00
400m freestyle	5.00.00	5.20.00	5.20.00	5.45.00	5.45.00	6.10.00	6.10.00	6.35.00
50m butterfly	35.00	38.00	38.00	41.00	41.00	44.00	44.00	47.00
100m butterfly	1.19.00	1.24.00	1.24.00	1.30.00	1.30.00	1.37.00	1.37.00	1.44.00
200m butterfly	3.00.00	3.15.00	3.15.00	3.25.00	3.25.00	3.35.00	3.35.00	3.45.00
50m backstroke	36.00	39.00	39.00	42.00	42.00	46.00	46.00	50.00
100m backstroke	1.19.00	1.25.00	1.25.00	1.31.00	1.31.00	1.37.00	1.37.00	1.44.00
200m backstroke	2.50.00	3.05.00	3.05.00	3.19.00	3.19.00	3.22.00	3.34.00	3.46.00
50m breaststroke	40.00	43.00	43.00	46.00	46.00	49.00	49.00	53.00
100m breaststroke	1.28.00	1.36.00	1.36.00	1.43.00	1.43.00	1.48.00	1.48.00	1.53.00
200m breaststroke	3.08.00	3.22.00	3.22.00	3.35.00	3.35.00	3.48.00	3.48.00	4.05.00
200m I.M.	2.50.00	3.05.00	3.05.00	3.20.00	3.20.00	3.35.00	3.35.00	3.45.00
400m I.M.	5.25.00	5.50.00	5.50.00	6.10.00	6.10.00	6.30.00	6.30.00	6.50.00

# Men

	2008 and older		2009-2010		2011-2012		2013-2014	
	Α	С	Α	С	Α	С	Α	С
50m freestyle	27.50	31.00	31.00	34.00	34.00	37.00	37.00	40.00
100m freestyle	1.02.00	1.08.00	1.08.00	1.16.00	1.16.00	1.22.00	1.22.00	1.28.00
200m freestyle	2.16.00	2.30.50	2.30.50	2.45.00	2.45.00	2.55.00	2.55.00	3.10.00
400m freestyle	4.45.00	5.05.00	5.05.00	5.30.00	5.30.00	5.55.00	5.55.00	6.20.00
50m butterfly	30.50	33.00	33.00	35.50	35.50	38.00	38.00	41:00
100m butterfly	1.11.00	1.19.00	1.19.00	1.27.00	1.27.00	1.34.00	1.34.00	1.40.00
200m butterfly	2.40.00	2:55:00	2.55.00	3.10.00	3.10.00	3.25.00	3.25.00	3.40.00
50m backstroke	32.00	35.00	35.00	37.50	37.50	39.00	39.00	42.00
100m backstroke	1.11.00	1.19.00	1.19.00	1.27.00	1.27.00	1.34.00	1.34.00	1.40.00
200m backstroke	2.40.00	2.55.00	2.55.00	3.10.00	3.10.00	3.25.00	3.25.00	3.40.00
50m breaststroke	37.00	40.00	40.00	43.00	43.00	46.00	46.00	49.00
100m breaststroke	1.18.00	1.24.00	1.24.00	1.31.00	1.31.00	1.39.00	1.39.00	1.49.00
200m breaststroke	2.54.00	3.10.00	3.10.00	3.27.00	3.27.00	3.45.00	3.45.00	4.00.00
200m I.M.	2.40.00	2.54.00	2.54.00	3.08.00	3.08.00	3.22.00	3.22.00	3.37.00
400m I.M.	5.10.00	5.30.00	5.30.00	5.52.00	5.52.00	6.16.00	6.16.00	6.40.00

A = Accepted time standard C = Considered time standard

## Rules

# 1. Applicable rules

The Diddelenger Schwammfest is an international swimming event organised by the Cercle de Natation Dudelange (the "**Organiser**"). The event will be run in accordance with the rules of World Aquatics (AQUA) and the Luxembourg swimming federation FLNS.

#### 2. Venue

The competition takes place at the swimming pool of the *Campus Geesseknäppchen* (31, boulevard Pierre Dupong; L-1430 Luxembourg).

The competition pool has 50m and 10 lanes. Timekeeping is operated by electronic OMEGA timing.

A 25m warm up pool is available throughout the competition.

# 3. Age groups

All swimmers will be classified in an OPEN classification.

In addition, the following youth age groups apply for both men and women:

- 2009-2010
- 2011-2012
- 2013-2014

Swimmers born in 2015 and later cannot participate in the competition.

### 4. Time standards

For each event, the organiser has defined two different time standards called the ACCEPTED time standard and the CONSIDERED time standards by year of birth.

All swimmers with an entry time faster than the <u>ACCEPTED time standard swum in a 50m pool</u> is automatically accepted.

For all swimmers with an entry time faster than the <u>ACCEPTED time standard swum in a 25m pool</u> or with an entry time faster than the <u>CONSIDERED time standard swum in a 50m pool</u> will be accepted as long as the competition timeline is respected.

The organiser reserves the right to prioritise swimmers from clubs affiliated to the FLNS when allocated places with CONSIDERED time standards.

For the list of time standards, please refer to the corresponding tables.

# 5. Finals

All individual 50m, 100m and 200m events with more than ten (10) swimmers will be swum in heats and finals.

For 50 and 100m races there will be A, B and C finals. For 200m races there will be A and B finals. These finals are swum in an open category. Only swimmers with a time faster than the ACCEPTED time standard applicable to their age group can qualify for a final

If fewer than ten (10) swimmers are registered for an event, the registered swimmers automatically qualify for the A final.

All withdrawals from a final must be declared within thirty (30) minutes following the publication of the official results from the heats. A fee of €30 per absent swimmer in a final will be charged.

For the individual 400m races, the events are swum as direct finals. The ten (10) fastest swimmers will compete in the fast heat in the afternoon sessions. The remaining swimmers will swim in the slow heats in the morning sessions.

# 6. Individual prizes

The first three swimmers of the A final will be awarded prize money (1<sup>st</sup>: €40, 2<sup>nd</sup>: €20, 3<sup>rd</sup>: €10). The same prize money will be awarded for the heats in the 400m events.

The best swimmers in the age groups will be awarded medals. The classification is established on the basis of the heats.

Any swimmer who breaks a meet record will be awarded €50. If the meet record for the same event is broken more than once, the swimmer who swims the last meet record will be awarded the prize.

#### 7. Team classification

A team classification will be established in two stages:

### Point ranking

In each individual event, the 20 fastest swimmers in the OPEN classification in the heats will be awarded points:

Place	Points	Place	Points	Place	Points	Place	Points
1	50	6	20	11	10	16	5
2	40	7	18	12	9	17	4
3	32	8	16	13	8	18	3
4	28	9	14	14	7	19	2
5	24	10	12	15	6	20	1

## Team classification relay

The ten first teams of the point ranking qualify for the team classification relay, which will be swum as a 4x50m mixed freestyle relay.

This relay will be swum in four rounds. At the end of rounds 1, 2 and 3, the two slowest teams of each round will be eliminated. In round 4, the four remaining teams will swim for the team trophy. The first three teams of round 4 will be awarded trophies. In addition, the winner of the team classification relay will be awarded €200.

The rest time between each round will be three (3) minutes.

# 8. Entry fees and registration

Entries should be submitted with the "Splash" software. All entries must be sent via email at **meeting@cndu.lu.** 

Entry deadline: Wednesday 26 April 2025 at 18.00 (6.00 PM). No additional entries will be accepted after the deadline.

# Entry fee: €6,00 per individual event

Entry fee must be transferred to the account of CNDU (IBAN LU49 0030 0516 4979 0000, BGLLULL) by Wednesday 26 April 2023. Please use "Schwammfest 2025" as a reference for your payment.

### 9. Officials

The referees for the event will be nominated by the FLNS.

Each club is invited to provide officials for the different sessions of the competition.

## 10. Responsibility

The organiser declines all responsibility in case of theft or accidents.

# **Practical information**

## 1. Lunch

The organiser organises lunch (salad, main course, desert and water) within the premises of the competition venue at €16. Please book your lunch via email (meeting@cndu.lu). The lunch for the officials is at the charge of the organiser. Please do not include the officials in your booking.

# 2. Beverages and snacks

A selection of beverages, snacks and cakes is available throughout the weekend.

### 3. Hotels

The organiser can provide further information on potential hotels and special rates for participating clubs.