

The logo for CNLD (Cercle de Natation Dudelange) is rendered in a bold, red, stylized font. The letters are thick and interconnected, with a modern, sans-serif feel.

Cercle de Natation Dudelange  
L U X E M B O U R G



# **Diddelenger Schwammfest 2026**

**25&26 April 2026**  
**Swimming pool of the**  
***Campus Geesseknäppchen***  
**Luxembourg**

## Programme

### Saturday morning

Warm up 08.00-08.50

First race 09.00

1	200m individual medley women	Heats
2	200m individual medley men	Heats
3	200m backstroke women	Heats
4	200m backstroke men	Heats
5	200m butterfly women	Heats
6	200m butterfly men	Heats
7	100m freestyle women	Heats
8	100m freestyle men	Heats
	BREAK 15 minutes	
9	50m backstroke women	Heats
10	50m backstroke men	Heats
11	50m butterfly women	Heats
12	50m butterfly men	Heats
13	100m breaststroke women	Heats
14	100m breaststroke men	Heats
15	400m Freestyle women	Slow heats
16	400m Freestyle men	Slow heats

### Saturday afternoon

Warm up 14.30-15.20

First race 15.30

15	400m Freestyle women	Fastest heat
16	400m Freestyle men	Fastest heat
9	50m backstroke women	C-, B- and A-Final
10	50m backstroke men	C-, B- and A-Final
11	50m butterfly women	C-, B- and A-Final
12	50m butterfly men	C-, B- and A-Final
13	100m breaststroke women	C-, B- and A-Final
14	100m breaststroke men	C-, B- and A-Final
7	100m freestyle women	C-, B- and A-Final
8	100m freestyle men	C-, B- and A-Final
1	200m individual medley women	B- and A-Final
2	200m individual medley men	B- and A-Final
3	200m backstroke women	B- and A-Final
4	200m backstroke men	B- and A-Final
5	200m butterfly women	B- and A-Final
6	200m butterfly men	B- and A-Final
17	4x50m Mixed freestyle Relay	Heats

### Sunday morning

Warm up 08.00-08.50

First race 09.00

18	200m freestyle women	Heats
19	200m freestyle men	Heats
20	200m breaststroke women	Heats
21	200m breaststroke men	Heats
22	100m backstroke women	Heats
23	100m backstroke men	Heats
	BREAK 15 MINUTES	
24	400m individual medley women	Slow heats
25	400m individual medley men	Slow heats
26	50m freestyle women	Heats
27	50m freestyle men	Heats
28	50m breaststroke women	Heats
29	50m breaststroke men	Heats
30	100m butterfly women	Heats
31	100m butterfly men	Heats
32	800m Freestyle women	1 heat
33	800m Freestyle men	1 heat

### Sunday afternoon

Warm up 14:00-14.50

First race 15:00

24	400m individual medley women	Fastest heat
25	400m individual medley men	Fastest heat
26	50m freestyle women	C-, B- and A-Final
27	50m freestyle men	C-, B- and A-Final
28	50m breaststroke women	C-, B- and A-Final
29	50m breaststroke men	C-, B- and A-Final
22	100m backstroke women	C-, B- and A-Final
23	100m backstroke men	C-, B- and A-Final
30	100m butterfly women	C-, B- and A-Final
31	100m butterfly men	C-, B- and A-Final
18	200m freestyle women	B- and A-Final
19	200m freestyle men	B- and A-Final
20	200m breaststroke women	B- and A-Final
21	200m breaststroke men	B- and A-Final
17	4x50m freestyle mixed	Skins Final

## Time standard

### Women

	2009 and older		2010-2011		2012-2013		2014-2015	
	A	C	A	C	A	C	A	C
50m freestyle	30.00	34.00	33.00	36.50	35.50	39.00	38.00	44.00
100m freestyle	1.05.00	1.12.00	1.10.00	1.18.00	1.16.00	1.25.00	1.23.00	1.32.00
200m freestyle	2.26.00	2.40.00	2.36.00	2.51.00	2.47.50	3.02.00	2.58.00	3.15.00
400m freestyle	4.55.00	5.20.00	5.15.00	5.45.00	5.40.00	6.10.00	6.05.00	6.35.00
800m freestyle*	Accepted: 9.45.00				Considered: 11.15.00			
50m butterfly	34.00	38.00	37.00	41.00	40.00	44.00	43.00	47.00
100m butterfly	1.17.00	1.24.00	1.22.00	1.30.00	1.28.00	1.37.00	1.35.00	1.44.00
200m butterfly	2.56.00	3.15.00	3.11.00	3.25.00	3.21.00	3.35.00	3.31.00	3.45.00
50m backstroke	35.00	39.00	38.00	42.00	41.00	46.00	45.00	50.00
100m backstroke	1.17.00	1.25.00	1.23.00	1.31.00	1.29.00	1.37.00	1.35.00	1.44.00
200m backstroke	2.46.00	3.05.00	3.01.00	3.19.00	3.15.00	3.22.00	3.30.00	3.46.00
50m breaststroke	39.00	43.00	42.00	46.00	45.00	49.00	48.00	53.00
100m breaststroke	1.26.00	1.36.00	1.34.00	1.43.00	1.41.00	1.48.00	1.46.00	1.53.00
200m breaststroke	3.04.00	3.22.00	3.18.00	3.35.00	3.31.00	3.48.00	3.44.00	4.05.00
200m I.M.	2.46.00	3.05.00	3.01.00	3.20.00	3.16.00	3.35.00	3.31.00	3.45.00
400m I.M.	5.20.00	5.50.00	5.45.00	6.10.00	6.05.00	6.30.00	6.25.00	6.50.00

### Men

	2009 and older		2010-2011		2012-2013		2014-2015	
	A	C	A	C	A	C	A	C
50m freestyle	26.50	31.00	30.00	34.00	33.00	37.00	36.00	40.00
100m freestyle	1.00.00	1.08.00	1.06.00	1.16.00	1.14.00	1.22.00	1.20.00	1.28.00
200m freestyle	2.12.00	2.30.50	2.26.50	2.45.00	2.41.00	2.55.00	2.51.00	3.10.00
400m freestyle	4.40.00	5.05.00	5.00.00	5.30.00	5.25.00	5.55.00	5.50.00	6.20.00
800m freestyle*	Accepted: 9:15.00				Considered: 10.45.00			
50m butterfly	29.50	33.00	32.00	35.50	34.50	38.00	37.00	41.00
100m butterfly	1.09.00	1.19.00	1.17.00	1.27.00	1.25.00	1.34.00	1.32.00	1.40.00
200m butterfly	2.36.00	2:55:00	2.51.00	3.10.00	3.06.00	3.25.00	3.21.00	3.40.00
50m backstroke	31.00	35.00	34.00	37.50	36.50	39.00	38.00	42.00
100m backstroke	1.09.00	1.19.00	1.17.00	1.27.00	1.25.00	1.34.00	1.32.00	1.40.00
200m backstroke	2.36.00	2.55.00	2.51.00	3.10.00	3.06.00	3.25.00	3.21.00	3.40.00
50m breaststroke	36.00	40.00	39.00	43.00	42.00	46.00	45.00	49.00
100m breaststroke	1.16.00	1.24.00	1.22.00	1.31.00	1.29.00	1.39.00	1.37.00	1.49.00
200m breaststroke	2.50.00	3.10.00	3.06.00	3.27.00	3.23.00	3.45.00	3.41.00	4.00.00
200m I.M.	2.36.00	2.54.00	2.50.00	3.08.00	3.04.00	3.22.00	3.18.00	3.37.00
400m I.M.	5.05.00	5.30.00	5.25.00	5.52.00	5.47.00	6.16.00	6.12.00	6.40.00

A = Accepted time standard

C = Considered time standard

\* = 10 fastest entries only

## Rules

### 1. Applicable rules

The Diddelenger Schwammfest is an international swimming event organised by the Cercle de Natation Dudelange (the “**Organiser**”). The event will be run in accordance with the rules of World Aquatics (AQUA) and the Luxembourg swimming federation FLNS.

### 2. Venue

The competition takes place at the swimming pool of the *Campus Geesseknäppchen* (31, boulevard Pierre Dupong; L-1430 Luxembourg).

The competition pool has 50m and 10 lanes. Timekeeping is operated by electronic OMEGA timing.

A 25m warm up pool is available throughout the competition.

### 3. Age groups

All swimmers will be classified in an OPEN classification.

In addition, the following youth age groups apply for both men and women:

- 2010-2011
- 2012-2013
- 2014-2015

Swimmers born in 2016 and later cannot participate in the competition.

### 4. Time standards

For each event, the organiser has defined two different time standards called the ACCEPTED time standard and the CONSIDERED time standards by year of birth.

All swimmers with an entry time faster than the ACCEPTED time standard swum in a 50m pool is automatically accepted.

For all swimmers with an entry time faster than the ACCEPTED time standard swum in a 25m pool or with an entry time faster than the CONSIDERED time standard swum in a 50m pool will be accepted as long as the competition timeline is respected.

The organiser reserves the right to prioritise swimmers from clubs affiliated to the FLNS when allocated places with CONSIDERED time standards.

For the list of time standards, please refer to the corresponding tables.

### 5. Finals

All individual 50m, 100m and 200m events with more than ten (10) swimmers will be swum in heats and finals.

For 50 and 100m races there will be A, B and C finals. For 200m races there will be A and B finals. These finals are swum in an open category. Only swimmers with a time faster than the ACCEPTED time standard applicable to their age group can qualify for a final

If fewer than ten (10) swimmers are registered for an event, the registered swimmers automatically qualify for the A final.

**All withdrawals from a final must be declared within thirty (30) minutes following the publication of the official results from the heats. A fee of €30 per absent swimmer in a final will be charged.**

For the individual 400m races, the events are swum as direct finals. The ten (10) fastest swimmers will compete in the fast heat in the afternoon sessions. The remaining swimmers will swim in the slow heats in the morning sessions.

For 800m races, there will only be a single heat per event.

## **6. Individual prizes**

The first three swimmers of the A final will be awarded prize money (1<sup>st</sup>: €40, 2<sup>nd</sup>: €20, 3<sup>rd</sup>: €10). The same prize money will be awarded for the heats in the 400m, 800m and 1500m events.

The best swimmers in the age groups will be awarded medals. The classification is established based on the heats.

Any swimmer who breaks a meet record will be awarded €50. If the meet record for the same event is broken more than once, the swimmer who swims the last meet record will be awarded the prize.

## **7. 4x50m freestyle relay**

Each team can enter a maximum of two relays and will compete on the heats on day 1.

The ten first relay team qualify for the final.

This final will be swum in four rounds. At the end of rounds 1, 2 and 3, the two slowest teams of each round will be eliminated. In round 4, the four remaining teams will swim for the team trophy. The first three teams of round 4 will be awarded trophies. In addition, the winner of the team classification relay will be awarded €200.

The rest time between each round will be three (3) minutes.

## **8. Entry fees and registration**

Entries should be submitted with the “Splash” software. All entries must be sent via email at **meeting@cndu.lu**.

Entry deadline: Wednesday 15 April 2026 at 18.00 (6.00 PM). No additional entries will be accepted after the deadline.

**Entry fee: €7,00 per individual event**

Entry fee must be transferred to the account of CNDU (IBAN LU49 0030 0516 4979 0000, BGLLULL) by Tuesday 21 April 2026. Please use “Schwammfest 2026” as a reference for your payment.

## **9. Officials**

The referees for the event will be nominated by the FLNS.

Each club is invited to provide officials for the different sessions of the competition.

## **10. Responsibility**

The organiser declines all responsibility in case of theft or accidents.

## Practical information

### 1. Lunch

The organiser organises lunch (salad, main course, desert and water) within the premises of the competition venue at €17. Please book your lunch via email ([meeting@cndu.lu](mailto:meeting@cndu.lu)). The lunch for the officials is at the charge of the organiser. Please do not include the officials in your booking.

### 2. Beverages and snacks

A selection of beverages, snacks and cakes is available throughout the weekend.

### 3. Hotels

The organiser can provide further information on potential hotels and special rates for participating clubs.