FLNS Luxembourg
Fédération Luxembourgeoise de Natation et de Sauvetage
3, route d'Arlon — L-8009 Strassen
☏ (+352) 43.50.89 — ✉ flns@flns.lu

LUXEMBOURG LET'S MAKE IT HAPPEN

FLNS Christmas Cup

December 19, 2026

I. GENERAL INFORMATION

The "Fédération Luxembourgeoise de Natation et de Sauvetage" (FLNS) hereby notifies and invites all Clubs affiliated to the FLNS and the Clubs of the National Federations affiliated to World Aquatics to participate in our second edition of "FLNS Christmas Water Polo Cup".

Host, place, and dates of competitions.

Place : Piscine Municipale de Bonnevoie

Address: 30 Rue Sigismond, 2537, Bouneweg- Süd, Luxembourg

Date: Saturday, December 19, 2026.

1. Organizing committee

Address: 3 rue d'Arlon, L-8009 Strassen

Email: waterpolo@flns.lu / flns@flns.lu

Management Team:

Anna Goncharenko – Competition Manager and National Water Polo Coach

1. Entry fees and Registration.

The entry fee for each team is 50 (fifty) euros. There will be no refunds for an absent Club.

Fédération Luxembourgeoise de Natation et de Sauvetage

IBAN : CCPLLULL – LU791111023908460000

Please mention: "FLNS Christmas Water Polo Cup 2026"

Entry forms should be sent no later than Wednesday, December 9, 2026, via email: waterpolo@flns.lu

I. RULES AND REGULATIONS.

In addition to the World Aquatics General Events Rules, the following REGULATIONS shall apply:

1. Events and Organization.

1.1. The "FLNS Christmas Water Polo Cup" shall be held as a mixed gender event.

The "FLNS Christmas Water Polo Cup" shall be held in one (1) stage: **Group stage**

1.2.2 All teams shall play against each of the other teams on a round-robin system.

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1.2. There will be no penalty shootouts in the event of a draw.

1.3. Every Club may enter a maximum of two teams.

2. Age Categories

U14	Boys and Girls born in 2013 and after
U18	Boys and Girls born in 2009 and after

3. Competition regulations:

3.1 Each club is allowed to register two teams

3.2 Age group categories: U14 / U18

3.3 Every team has a minimum of 7 and a maximum of 14 players: 6 field players and 1 goalkeeper.

3.4 A team can be girls only, boys only, or mixed girls and boys.

3.5 The Cup will be run in accordance with the World Aquatics and European Aquatics Rules 2026

The game time will be reduced:

Game time for the U14 Age Group category – 2 quarters of 12 minutes running time, with a 3-minute break between the 1st and 2nd period.

Game time for U18 Age Group category – 2 quarters of 15 minutes running time, with a 3-minute break between the 1st and 2nd period.

All the teams must change sides at the end of the 1st period of the game.

3.6 **The matches shall be scored as follows:**

1) win in regular time = 3 points
2) tie ends regular time = 1 point
3) loss in regular time = 0 points

3.7 **Tie-breaking rules**

3.7.1 If two teams have equal points, further classification shall be established as follows:

- The team winning the game between them shall be placed higher.

3.7.2 If three teams have equal points, further classification shall be established as follows:

- The goal difference among the tied teams, based on goals scored among the tied teams.

4. Referees.

In all stages of the competition, from the Qualification Rounds to the Final, each participating team shall be financially responsible for a referee. If the team cannot provide the referee, FLNS will provide at least one International-level referee and one National-level referee.

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5. Additional information.

5.1 Each player needs to have a valid license for the season 2026/27 with FLNS or their local clubs from abroad.

5.2 Photographers and cameras will cover the FLNS Christmas Water Polo Cup. By registering, you allow FLNS to cover the event and publish material on their website, YouTube, and/or other social media.

5.3 FLNS denies all responsibility for theft, accidents, or damage of any kind.

5.4 Safeguarding and integrity: FLNS is actively engaged, for the benefit of athletes, coaches, officials, referees, and other participants in its activities, in the protection of their health, the promotion of their well-being, and the fight against all forms of abuse and physical, mental, psychological, sexual, or other violence. FLNS further promotes ethics and integrity in sport by combating any practices that are likely to harm fair and equitable competition.

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